

SPOTS WORKSHEET

- **SKIN CANCER STATISTICS**

In the US, _____ out of every _____ people has skin cancer.

- **LIST THE TWO MAIN WAYS YOU CAN DEVELOP SKIN CANCER**

1. _____ 2. _____

- Put a star next to the one you have control over

- **LIST THE ABC'S OF MELANOMA**

A = _____

B = _____

C = _____

D = _____

E = _____

- **LIST FIVE RISK FACTORS FOR SKIN CANCER (Different from protection methods below)**

1. _____

2. _____

3. _____

4. _____

5. _____

- Put a star next to any risk factors that you have

- **LIST FIVE WAYS YOU CAN PROTECT YOURSELF FROM THE SUN**

1. _____

2. _____

3. _____

4. _____

5. _____