The Risk Game

Materials

- Laminated cards with behaviors or characteristics (see below). If lamination isn’t available, just print out the 8.5” x 11” pages (available on website) and use as is.
- Chalkboard

In this game, students are presented with several behaviors or characteristics that can be categorized from risky to safe.

Instructions

Teachers should go to the board, make four vertical columns and write the four category headings:

Definitely Risky (DR)    Probably Risky (PR)    Probably Safe (PS)    Definitely Safe (DS)

Disperse behavior/characteristic cards among the students. One at a time, have students come to the board and place their cards under the column heading to which they think it belongs. Other students may offer suggestions from their seats. After the class has decided on the placement of each card, share the correct answer and discuss reasons for this choice.

Behavior/characteristic cards (and answers) include the following:

- Having 6 or more blistering sunburns under age 18: DR
- Three or more summers having an outdoor job as a teenager: DR
- Having a noticeably enlarging mole: DR
- Being a fair-skinned, blue-eyed, redhead: DR
- Applying sunscreen once while outside for 4 hours: DR
- Having more than 50 moles on your body under the age of 18: DR
- Using indoor tanning beds: DR
- Going outside at noon without sun protection: DR
- Walking outside in the winter without sunscreen: PR
- Swimming while wearing a t-shirt and no sunscreen: PR
- Wearing a baseball cap in the sun: PR
- Using sunscreen with SPF 30 or higher: PS (depends on reapplication, amount applied, other sun protective methods used, amount of time outdoors, etc.)
- Going outside after 5 PM without sun protection: PS
- Having dark black skin, black hair, black eyes: PS
- Using self-tanner (dihydroxyacetone): DS
- Using bronzer makeup: DS
- Wearing wraparound, 100% UV protected sunglasses outside: DS
- Reapplying sunscreen every 1-2 hours: DS

Game idea adapted from STATS risk game